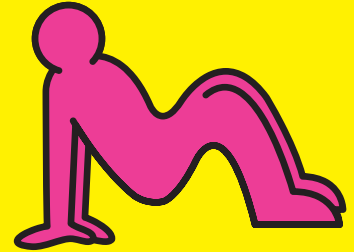


Wobbly Words

Create letters with your body to spell words. Can your letter shapes be recognised?

How to play

- Write a variety of words onto separate cards and place into a box/bag.
- Playing in pairs, one player selects a card without their partner seeing it.
- Using their body to create letter shapes the pupil with the card spells the word and their partner guesses the word.
- Remember, the observing player may need to stand behind their partner to see the word correctly.



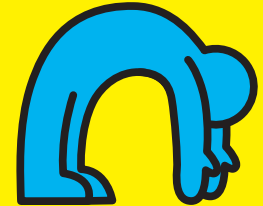
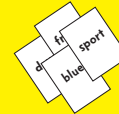
Equipment

Word cards.



Safety tips

Remind players to avoid contact with other players when making shapes.



This activity links to the Change4Life Primary Sports Club Creative theme.

Challenging Me: Providing challenges and ideas to develop the whole player

Wobbly Words

9

- | | |
|-------------|--|
| Thinking Me | Challenge yourself to spell words in upper and lower case. |
| Social Me | Work with others to create a new set of words for future games. |
| Healthy Me | Name different muscles you are stretching as you make the letters. |
| Physical Me | Try creating the letters while on one leg to improve your core stability (stomach strength). |
| Creative Me | Create letters in pairs using both bodies to make each letter. |



STEP: Making the game easier and harder and including ALL young people

SPACE Create the letter shapes on the ground.

TASK Swap words for number sequences.

EQUIPMENT Introduce dance scarves/ribbons to help create the letter/number shapes.

PEOPLE Pairs can compete with each other to see who can guess first using the same word.

Great for playing...

- in Change4Life Sports Clubs
- at home
- at playtime/lunchtime
- in the classroom

Making this game work in a small space

This can be played in a very small space – behind a desk, on the carpet, in a classroom, or at home, without any changes.