

Cone Zone

Roll accurately to hit the targets. How many points can you score?

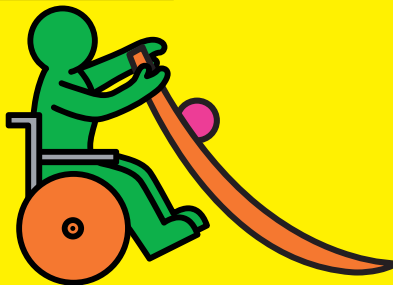
How to play

- Place cones (mixture of colours) around the play space. Approx. 4 per person.
- Each colour has a different point value, i.e. red = 2, blue = 4 etc.
- Players have three balls and roll them, aiming to hit the targets.
- The highest score wins.



Equipment

Cones, balls of varying sizes, shapes.



Safety tips

Space players out.

This activity links to the Change4Life Primary Sports Club Target theme.

Challenging Me: Providing challenges and ideas to develop the whole player

- Thinking Me** Each time you roll, consider what you could have done to make it more accurate next time.
- Social Me** Share your top tips with others for this game, so you can all improve.
- Healthy Me** Try not to stand in the same place when playing – move around the area before aiming to find the best place and to keep your body active.
- Physical Me** Play the game with different sized balls to see how using different objects can affect accuracy.
- Creative Me** Develop a game using targets and points.

Great for playing...

- in Change4Life Sports Clubs
- at home
- at playtime/lunchtime
- in the classroom

Making this game work in a small space

Reduce the number of cones in the area. Place under tables and chairs if in a classroom space.



STEP: Making the game easier and harder and including ALL young people

SPACE Place cones closer or further apart. Higher score values further away.

TASK Agree a target number and aim to achieve exactly that score by working out values.

EQUIPMENT Use targets of different sizes and shapes, boxes, flat markers, slalom poles, sheets of paper.

PEOPLE Play in a pair or small team, adding scores together.