

Noughts and Crosses

Aim the bean bags onto the oversized noughts and crosses grid.
Can you outwit your opponent?

How to play

- Create a large noughts and crosses grid on the ground using chalk, marker cones or skipping ropes.
- Players take it in turns to aim and throw their beanbags onto the grid. The first to create a line of three, diagonal, up or down, or across wins.



Equipment

Chalk markers, cones or skipping ropes,
bean bags (two colours).



Safety tips

Use non-rolling equipment to throw with.



This activity links to the Change4Life
Primary Sports Club Target theme.

Challenging Me: Providing challenges and ideas to develop the whole player

Thinking Me Take time to review the grid before throwing.

Social Me Play in pairs and share tactics to plan your moves.

Healthy Me Congratulate your opponent or team mate when playing to motivate and encourage them to keep trying.

Physical Me Balance on one leg when you throw to make the activity harder.

Creative Me Create a different style of grid to make the game more or less challenging.

Great for playing...

- in Change4Life Sports Clubs
- at playtime/lunchtime
- at home



Making this game work in a small space

Make the grid smaller. Use a ball to roll onto the grid to create a challenge.

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STEP: Making the game easier and harder and including ALL young people

SPACE Increase or decrease the size of the grid to make aiming more or less challenging. Create a line from where the throws take place closer or further from the grid.

TASK Use various throwing techniques: underarm, over arm, right/left hand, through legs.

EQUIPMENT Use balls instead of bean balls and encourage rolling to the target square.

PEOPLE Play in teams and take turns to aim.