



Kenton School

Girls Active Journey



What is the context of your school?

Kenton School is a mixed inner-city school with high levels of poverty. 61% of our students are on pupil premium funding and 37% of students have English as an additional language.

What was your motivation to be part of the programme/take action?

Within our school, PE can be seen as a subject that girls don't always want to take part in due to low-self esteem and confidence. To support pupil engagement, we encourage pupil voice and give pupils opportunity to be involved in the process to develop PE and Sport within school. We knew we could then facilitate (via the support of YST) their ideas and plans for the future to improve our PE offer, help girls feel more comfortable and increase engagement and participation. We knew that being part of the programme would allow our pupils to feel important and gain experience from mixing with other schools / girls their age on the days that YST invited us to.

Who have you involved? What action have you /others taken?

The PE department invited all Year 9 girls to apply in Phase 1 – completing an application form or having a discussion with a member of staff to state their intent. We had a positive response and appointed 22 leaders. They worked together to develop ideas towards changing PE making it more accessible for girls.

What have been the challenges?

Meeting up with girls during school time has been difficult but hugely beneficial when we do get to meet up.



What have been the impacts/successes?

- The girls immediately added new girls only clubs to the extra curricular offer which were a huge success.
- Girls made changes to the PE uniform - even subtle changes from navy to black and removing school logo from them had such an impact.
- Girls created a Period Product Cupboard in the changing rooms with period pants and products readily available to allow girls to access when they wanted.
- Girls gained confidence and leadership qualities delivering assemblies to all year groups to inform them of the changes and presenting to Headship team about their role.
- Period Education lessons delivered within PE.
- Due to the success of Year 1, we have rolled out the programme to all year groups in KS3. 10 girls in Years 7, 8, and 9 with last years Phase 1 Girls Active Leaders are now mentoring the younger pupils through their Girls Active journey. We introduced this to Year 6's in transition week and this gained a lot of interest.
- The Year 9 girls have now started their Sports Leaders Qualification Level 1 as part of Girls Active to develop Young Leaders within school.
- The girls requested from Headship Team funding for hoodies and lanyards to wear around school to identify them as Girls Active Leaders.

What are your next steps?

Continue to promote after school clubs for girls only. To continue to give the Girls Active leaders the autonomy to develop the offer of Sport and PE in our school.