

Rounders — Directional Batting

SECONDARY KEY STAGE 4 PE /// STRIKE/FIELD

Content outline

This activity aims to focus on refining the batting skill – and encouraging the young person hitting the ball in different directions.

- Grip
- Stance
- Follow-through
- Accuracy
- Tactics



Space

- Increase the distance from the targets (to make the task more difficult)
- Decrease the distance from the targets (to make the task easier)



Task

- Use multiple targets – try to hit every target
- Change the size of the targets to adapt the difficulty
- Award different points for each target to encourage aiming for targets you may find more difficult



Equipment

- Change size of ball
- Change the size of the targets you are aiming at (larger targets will make the task easier)



People

- If you have another person in your house, you can work together by bowling the ball to each other, or act as a target to hit to
- Try to teach this skill to someone else – can you create a different activity to teach this skill?
- Can you create a competition / challenge to compete against someone else?

Learning intention

Physical:

- To refine basic batting techniques, and develop accuracy and hitting towards different directions

Personal:

- Decision making

Learning questions:

- Describe the correct technique for a batting in Rounders
- If I am a right-handed batter, which direction is my hit most likely to go towards?
- What do I need to do in order to hit the ball in different directions?
- Why is it important to bat in different directions in a game of Rounders?
- When were you most successful? And why?
- What would you do next time to improve your technique?



This resource and supporting video have been created by:

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This series of resources and videos have been designed to give young people educational content and knowledge linked to the National Curriculum for Physical Education