

CPD 2024-25

We bring educators together as part of our mission to transform the lives of young people using the power of PE, play and sport.

Policy	
PE and Sport Premium: priority setting	<ul style="list-style-type: none"> • Explore how to set specific PE and sport priorities. • Understand the process from baselining to impact, identifying what to stop, start and continue. • Set key indicators to meet all students' physical, social and emotional needs.
PE and Sport Premium: reporting	<ul style="list-style-type: none"> • Demonstrate impact for students against key indicators of the premium funding requirements. • Review and forecast as part of a robust, data-informed academic cycle. • Support young people to benefit physically, socially and emotionally from effective investment.
Preparing for an Ofsted PE deep dive	<ul style="list-style-type: none"> • Reflect on current PE provision within school. • Refresh your knowledge of the Ofsted Education Inspection Framework and its implications for PE. • Understand what to expect from a deep dive process.
Transforming (extra) co-curricular sport in schools: exploring the latest DfE guidelines for 2024-25	<ul style="list-style-type: none"> • Improve your knowledge and awareness of the latest co-curricular provision policy and guidance. • Consider what the latest updates mean for your work and your school. • Be inspired by examples of co-curricular best practices.

Subject leadership skills

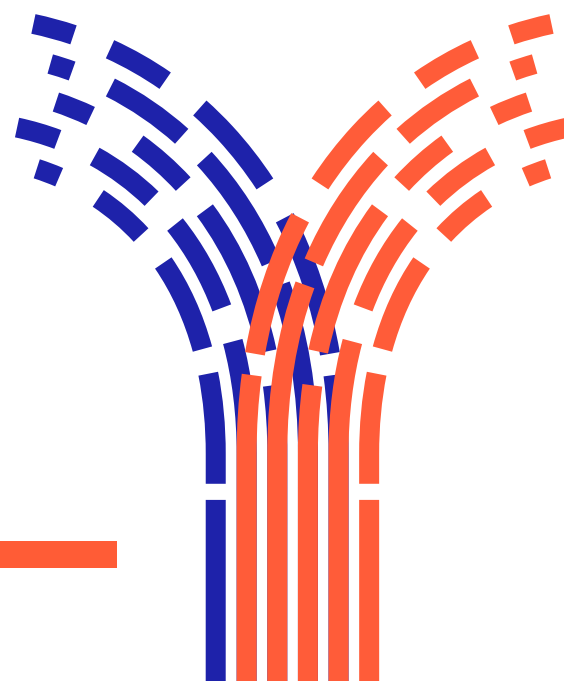
Curriculum vision setting	<ul style="list-style-type: none"> • Reflect on your 'why?' in relation to PE, school sport and physical activity. • Understand PE curriculum entitlement and policy expectations. • Craft an 'elevator pitch', a short and snappy intention for PE.
Curriculum mapping	<ul style="list-style-type: none"> • Reflect on memorable experiences that matter within PE. • Develop a well-sequenced learner journey. • Understand the value of different teaching approaches.
Subject leader modules (Primary only)	<ul style="list-style-type: none"> • Module one: Understand the role of the subject leader. • Module two: Learn how to shape your PE curriculum. • Module three: Develop plans and assessments in PE.
Principles underpinning high quality PE	<ul style="list-style-type: none"> • Appreciate the importance of aligning curriculum with personal values and school culture. • Develop your list of non-negotiables for quality PE. • Understand the importance of personalised pathways.
Influencing and negotiating to raise your PESSPA* profile	<ul style="list-style-type: none"> • Develop a clear vision for PESSPA. • Identify positive examples from your experiences. • Map your enablers and blockers. • Create an action plan. <p>*This content works well when combined with Telling a powerful PESSPA story workshop.</p>
Approaching assessment	<ul style="list-style-type: none"> • Recognise the importance of assessment matching objectives. • Develop a model to assess what matters in PE. • Understand the different aspects of assessment.
Telling a powerful PESSPA story	<ul style="list-style-type: none"> • Explore the evidence behind storytelling to form compelling arguments. • Use the toolkit to ensure a structured approach to your storytelling. • Identify your own examples to craft your story. <p>*This content works well combined with Influencing and negotiating to raise your PESSPA profile workshop.</p>

Transforming PESSPA

The physical literacy lens to transforming PESSPA	<ul style="list-style-type: none">• Understand the concept of physical literacy, why it matters and its relevance within education.• Hear how to prioritise both the quality and quantity of physical activity.• See examples of physical literacy in action.
My Personal Best (Primary and Secondary)	<ul style="list-style-type: none">• Learn to plan for and deliver a life skills PE curriculum.• Recognise what 'life-skilled' looks like for your students.• Support students' personal development and physical literacy journey.• Explore My PB resources* to support delivery in school. <p>*Supporting resources bought separately</p>
Youth Voice in practice: insights from the network	<ul style="list-style-type: none">• Unpick the concept and power of Youth Voice.• Hear examples of effective Youth Voices in action.• Receive signposting to resources and support.
PE Life Skills Award (Primary and Secondary)	<ul style="list-style-type: none">• Recognise students' learning through PE curriculum assessments.• Empower your student's physical, social, cognitive, and emotional development advancements.• Learn to meet inspection targets and streamline reporting.• Receive dedicated support that simplifies planning with training, resources, and journals, enabling you to focus on engaging PE lessons and student progress.
Bridging the gap: promoting equality in PESSPA	<ul style="list-style-type: none">• Understand the meaning of socio-economic disadvantage.• Identify some of the educational effects of socio-economic disadvantage.• Explore how to provide a more equitable PE experience for all students.
Transition: a process, not an event	<ul style="list-style-type: none">• Understand the importance of creating positive transition experiences for student progress, engagement and wellbeing.• Consider transition from a PE perspective.• Champion the role of PE, sport and competition in transition.



<p>The role of PESSPA in personal development</p>	<ul style="list-style-type: none"> • Learn how PESSPA can effectively impact all students' personal development. • Understand how to position PESSPA against the Ofsted education inspection framework for students' personal development. • Gain insights from recent Ofsted PE deep dives: what to expect and examples of good practice.
<p>Leveraging PESSPA for school improvement and better outcomes for young people</p>	
<p>Putting wellbeing first: building a Well School</p>	<ul style="list-style-type: none"> • Understand the wellbeing barriers to learning. • Reimagine your school as a Well School. • Learn how physical activity drives whole school improvement.
<p>Governors and trustees: understand your role and responsibility to PE and school sport provision</p>	<ul style="list-style-type: none"> • Understand the role PESSPA can have in supporting wellbeing and whole school/Trust outcomes. • Understand how governing boards can monitor and ensure effective, sustainable use of the PE and School Sport Premium.
<p>Harnessing PE for school improvement</p>	<ul style="list-style-type: none"> • Understand the challenges facing schools. • Hear experiences from schools that position PE at the heart of school life. • Learn how to implement ideas and top tips.
<p>Sport Sanctuaries: sport for those who need it most</p>	<ul style="list-style-type: none"> • Learn about the concept of sport sanctuaries to re-engage students with learning. • Explore sport sanctuary resources that support students' emotional regulation development. • Plan how to establish sport sanctuaries in your school.



Primary and secondary CPD	One-hour (face-to-face or virtual)	Half-day	Full-day
Price (ex VAT)	£231	£420	£575
Policy			
PE and sport premium: priority setting	✓	✓	
PE and sport premium: reporting	✓	✓	
Preparing for an Ofsted PE deep dive	✓	✓	
Transforming (extra) co-curricular sport in schools: exploring the latest DfE guidelines for 2024-25	✓		
Subject leadership skills			
Curriculum vision setting	✓		
Curriculum mapping	✓		
Subject leader modules (Primary only)		✓	
Principles underpinning high quality PE	✓		
Influencing and negotiating to raise your PESSPA profile		✓	
Approaching assessment	✓		
Telling a powerful PESSPA story		✓	
Transforming PESSPA			
The physical literacy lens to transforming PESSPA	✓	✓	
Youth Voice in practice: insights from the network	✓	✓	
Bridging the gap: promoting equality in PE, school sports and physical activity	✓	✓	
Transition: a process, not an event	✓	✓	
The role of PESSPA in personal development	✓	✓	
Leveraging PESSPA for school improvement and better outcomes for young people			
Putting wellbeing first: building a Well School	✓	✓	
Governors and trustees: understand your role and responsibility to PE and school sport provision	✓		
Harnessing PE for school improvement	✓	✓	
Sport Sanctuaries: sport for those who need it most	✓	✓	
My Personal Best (Primary and Secondary)			✓
PE Life Skills Award (Primary and Secondary)			✓

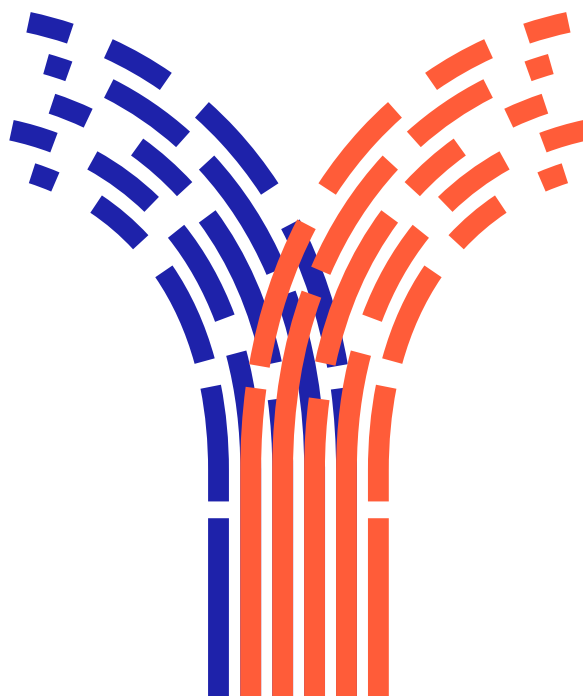
One-hour (face-to-face or virtual)	Unpack the key topics in a one-hour session to help delegates improve their practices, stay updated on educational priorities and enhance student outcomes.
Half-day (3 hours)	Face-to-face training offers delegates the opportunity to fully immerse themselves in the topic through interactive tasks and reflective opportunities, enabling them to consider the practical application of learning within a school context.
Full-day (6 hours)	Face-to-face training offers delegates the opportunity to fully immerse themselves in the topic through interactive tasks and reflective opportunities, enabling them to consider the practical application of learning within a school context.

Keynote speech

Set the tone of your event through engaging narrative that informs, guides and inspires your audience, delivered by a content expert. Content will include current school sport and PE landscape, policy and public affairs developments.

Price (ex VAT)

£275



To book, complete the request form [here](#) or contact membership@youthsporttrust.org



If you would like CPD for a single school please contact membership@youthsporttrust.org for a price.