

# CPD 2024-25

We bring educators together as part of our mission to transform the lives of young people using the power of PE, play and sport.

Policy	
<b>PE and Sport Premium: priority setting</b>	<ul style="list-style-type: none"> <li>• Explore how to set specific PE and sport priorities.</li> <li>• Understand the process from baselining to impact, identifying what to stop, start and continue.</li> <li>• Set key indicators to meet all students' physical, social and emotional needs.</li> </ul>
<b>PE and Sport Premium: reporting</b>	<ul style="list-style-type: none"> <li>• Demonstrate impact for students against key indicators of the premium funding requirements.</li> <li>• Review and forecast as part of a robust, data-informed academic cycle.</li> <li>• Support young people to benefit physically, socially and emotionally from effective investment.</li> </ul>
<b>Preparing for an Ofsted PE deep dive</b>	<ul style="list-style-type: none"> <li>• Reflect on current PE provision within school.</li> <li>• Refresh your knowledge of the Ofsted Education Inspection Framework and its implications for PE.</li> <li>• Understand what to expect from a deep dive process.</li> </ul>
<b>Transforming (extra) co-curricular sport in schools: exploring the latest DfE guidelines for 2024-25</b>	<ul style="list-style-type: none"> <li>• Improve your knowledge and awareness of the latest co-curricular provision policy and guidance.</li> <li>• Consider what the latest updates mean for your work and your school.</li> <li>• Be inspired by examples of co-curricular best practices.</li> </ul>

## Subject leadership skills

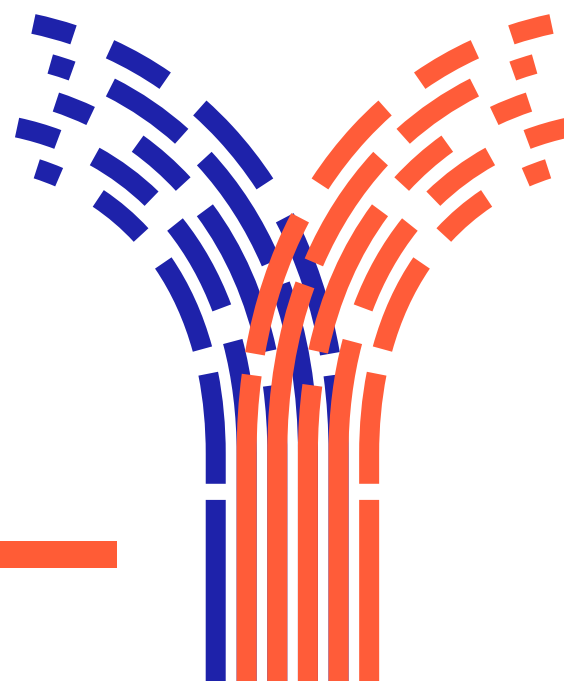
<b>Curriculum vision setting</b>	<ul style="list-style-type: none"> <li>• Reflect on your 'why?' in relation to PE, school sport and physical activity.</li> <li>• Understand PE curriculum entitlement and policy expectations.</li> <li>• Craft an 'elevator pitch', a short and snappy intention for PE.</li> </ul>
<b>Curriculum mapping</b>	<ul style="list-style-type: none"> <li>• Reflect on memorable experiences that matter within PE.</li> <li>• Develop a well-sequenced learner journey.</li> <li>• Understand the value of different teaching approaches.</li> </ul>
<b>Subject leader modules (Primary only)</b>	<ul style="list-style-type: none"> <li>• Module one: Understand the role of the subject leader.</li> <li>• Module two: Learn how to shape your PE curriculum.</li> <li>• Module three: Develop plans and assessments in PE.</li> </ul>
<b>Principles underpinning high quality PE</b>	<ul style="list-style-type: none"> <li>• Appreciate the importance of aligning curriculum with personal values and school culture.</li> <li>• Develop your list of non-negotiables for quality PE.</li> <li>• Understand the importance of personalised pathways.</li> </ul>
<b>Influencing and negotiating to raise your PESSPA* profile</b>	<ul style="list-style-type: none"> <li>• Develop a clear vision for PESSPA.</li> <li>• Identify positive examples from your experiences.</li> <li>• Map your enablers and blockers.</li> <li>• Create an action plan.</li> </ul> <p>*This content works well when combined with <b>Telling a powerful PESSPA story</b> workshop.</p>
<b>Approaching assessment</b>	<ul style="list-style-type: none"> <li>• Recognise the importance of assessment matching objectives.</li> <li>• Develop a model to assess what matters in PE.</li> <li>• Understand the different aspects of assessment.</li> </ul>
<b>Telling a powerful PESSPA story</b>	<ul style="list-style-type: none"> <li>• Explore the evidence behind storytelling to form compelling arguments.</li> <li>• Use the toolkit to ensure a structured approach to your storytelling.</li> <li>• Identify your own examples to craft your story.</li> </ul> <p>*This content works well combined with <b>Influencing and negotiating to raise your PESSPA profile</b> workshop.</p>

## Transforming PESSPA

<b>The physical literacy lens to transforming PESSPA</b>	<ul style="list-style-type: none"><li>• Understand the concept of physical literacy, why it matters and its relevance within education.</li><li>• Hear how to prioritise both the quality and quantity of physical activity.</li><li>• See examples of physical literacy in action.</li></ul>
<b>My Personal Best (Primary and Secondary)</b>	<ul style="list-style-type: none"><li>• Learn to plan for and deliver a life skills PE curriculum.</li><li>• Recognise what 'life-skilled' looks like for your students.</li><li>• Support students' personal development and physical literacy journey.</li><li>• Explore My PB resources* to support delivery in school.</li></ul> <p>*Supporting resources bought separately</p>
<b>Youth Voice in practice: insights from the network</b>	<ul style="list-style-type: none"><li>• Unpick the concept and power of Youth Voice.</li><li>• Hear examples of effective Youth Voices in action.</li><li>• Receive signposting to resources and support.</li></ul>
<b>PE Life Skills Award (Primary and Secondary)</b>	<ul style="list-style-type: none"><li>• Recognise students' learning through PE curriculum assessments.</li><li>• Empower your student's physical, social, cognitive, and emotional development advancements.</li><li>• Learn to meet inspection targets and streamline reporting.</li><li>• Receive dedicated support that simplifies planning with training, resources, and journals, enabling you to focus on engaging PE lessons and student progress.</li></ul>
<b>Bridging the gap: promoting equality in PESSPA</b>	<ul style="list-style-type: none"><li>• Understand the meaning of socio-economic disadvantage.</li><li>• Identify some of the educational effects of socio-economic disadvantage.</li><li>• Explore how to provide a more equitable PE experience for all students.</li></ul>
<b>Transition: a process, not an event</b>	<ul style="list-style-type: none"><li>• Understand the importance of creating positive transition experiences for student progress, engagement and wellbeing.</li><li>• Consider transition from a PE perspective.</li><li>• Champion the role of PE, sport and competition in transition.</li></ul>



<p><b>The role of PESSPA in personal development</b></p>	<ul style="list-style-type: none"> <li>• Learn how PESSPA can effectively impact all students' personal development.</li> <li>• Understand how to position PESSPA against the Ofsted education inspection framework for students' personal development.</li> <li>• Gain insights from recent Ofsted PE deep dives: what to expect and examples of good practice.</li> </ul>
<p><b>Leveraging PESSPA for school improvement and better outcomes for young people</b></p>	
<p><b>Putting wellbeing first: building a Well School</b></p>	<ul style="list-style-type: none"> <li>• Understand the wellbeing barriers to learning.</li> <li>• Reimagine your school as a Well School.</li> <li>• Learn how physical activity drives whole school improvement.</li> </ul>
<p><b>Governors and trustees: understand your role and responsibility to PE and school sport provision</b></p>	<ul style="list-style-type: none"> <li>• Understand the role PESSPA can have in supporting wellbeing and whole school/Trust outcomes.</li> <li>• Understand how governing boards can monitor and ensure effective, sustainable use of the PE and School Sport Premium.</li> </ul>
<p><b>Harnessing PE for school improvement</b></p>	<ul style="list-style-type: none"> <li>• Understand the challenges facing schools.</li> <li>• Hear experiences from schools that position PE at the heart of school life.</li> <li>• Learn how to implement ideas and top tips.</li> </ul>
<p><b>Sport Sanctuaries: sport for those who need it most</b></p>	<ul style="list-style-type: none"> <li>• Learn about the concept of sport sanctuaries to re-engage students with learning.</li> <li>• Explore sport sanctuary resources that support students' emotional regulation development.</li> <li>• Plan how to establish sport sanctuaries in your school.</li> </ul>



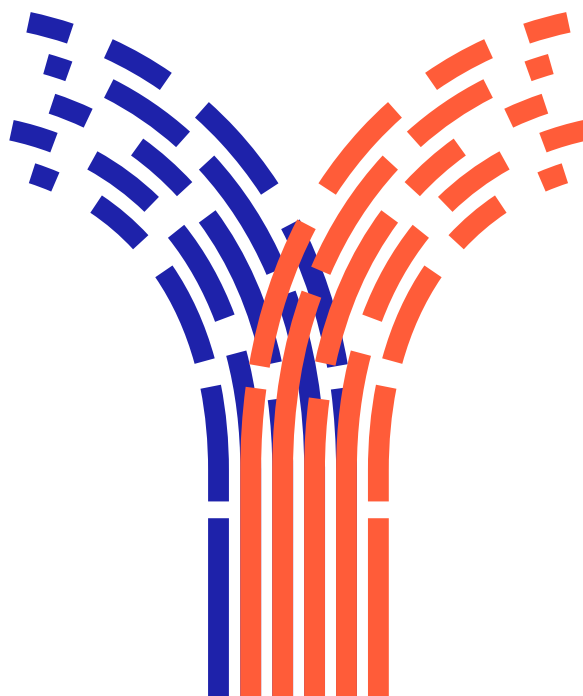
<b>Primary and secondary CPD</b>	<b>One-hour (face-to-face or virtual)</b>	<b>Half-day</b>	<b>Full-day</b>
<b>Price when bought with YST membership</b>	<b>£210</b>	<b>£380</b>	<b>£520</b>
<b>Price when bought outside of YST membership (ex VAT)</b>	<b>£231</b>	<b>£420</b>	<b>£575</b>
<b>Policy</b>			
PE and sport premium: priority setting	✓	✓	
PE and sport premium: reporting	✓	✓	
Preparing for an Ofsted PE deep dive	✓	✓	
Bringing co-curricular guidance to life	✓		
<b>Subject leadership skills</b>			
Curriculum vision setting	✓		
Curriculum mapping	✓		
Subject leader modules (Primary only)		✓	
Principles underpinning high quality PE	✓		
Influencing and negotiating to raise your PESSPA profile		✓	
Approaching assessment	✓		
Telling a powerful PESSPA story		✓	
<b>Transforming PESSPA</b>			
The physical literacy lens to transforming PESSPA	✓	✓	
Youth Voice in practice: insights from the network	✓	✓	
Bridging the gap: promoting equality in PE, school sports and physical activity	✓	✓	
Transition: a process, not an event	✓	✓	
The role of PESSPA in personal development	✓	✓	
<b>Leveraging PESSPA for school improvement and better outcomes for young people</b>			
Putting wellbeing first: building a Well School	✓	✓	
Governors and trustees: understand your role and responsibility to PE and school sport provision	✓		
Harnessing PE for school improvement	✓	✓	
Sport Sanctuaries: sport for those who need it most	✓	✓	
My Personal Best (Primary and Secondary)			✓
PE Life Skills Award (Primary and Secondary)			✓

<b>One-hour (face-to-face or virtual)</b>	Unpack the key topics in a one-hour session to help delegates improve their practices, stay updated on educational priorities and enhance student outcomes.
<b>Half-day (3 hours)</b>	Face-to-face training offers delegates the opportunity to fully immerse themselves in the topic through interactive tasks and reflective opportunities, enabling them to consider the practical application of learning within a school context.
<b>Full-day (6 hours)</b>	Face-to-face training offers delegates the opportunity to fully immerse themselves in the topic through interactive tasks and reflective opportunities, enabling them to consider the practical application of learning within a school context.

### Keynote speech

Set the tone of your event through engaging narrative that informs, guides and inspires your audience, delivered by a content expert. Content will include current school sport and PE landscape, policy and public affairs developments.

Price when bought with YST membership	£250
Price when bought outside of YST membership (ex VAT)	£275



To book, please speak to your Development Manager or contact [membership@youthsporttrust.org](mailto:membership@youthsporttrust.org)



If you would like CPD for a single school (member or non-member) please contact [membership@youthsporttrust.org](mailto:membership@youthsporttrust.org) for a price.