

‘MLB First Pitch 2024/2025’ – New Hub

What will schools get from being involved?

Resources	E-Learning Packages	National Training	Regional Training	Local Training	Funding	Other
X	x			X	X	X

Who is eligible to run this programme?

Hub and SGOs that have been identified as target areas and invited to apply via YST and BSUK

Challenges addressed through First Pitch

- Confidence and competence to deliver high quality PE/Physical literacy
- Tackling inactivity and physical wellbeing
- Opportunity to engage parents and families

Outcomes and impact

For the school/deliverer:

- Provides teachers and TAs with skills, confidence and resource to deliver PE and School Sport offer for KS2 through a fundamental bat and ball skills programme
- Supports a school to help children achieve their recommended CMO guidance of 60 minutes of daily physical activity through PE, Play and extra-curricular.

For the young people:

- Create a fun, active and positive environment through an alternative activity to develop physical literacy
- Support students to learn the health- benefits that are associated with playing bat and ball sports.
- Pathway to school club and competition

What are the expectations for delivery by successful schools?

Year 1 - subject to confirmation of funding by MLB in January 2025

The following conditions of delivery must be met:

- Engaging and delivering a minimum of 300 pupils across 10 school and reported through termly data collection (c.30 pupils per school)

The following conditions of delivery must be met in year 1:

The expectations for organisers are as follows:

- responsible for recruiting 10 primary schools to sign up locally to access ‘MLB First Pitch’ CPD
- responsible for hosting and coordination of local teacher/school staff training for 10 primary schools (indoor and outdoor practical space available for delivery along with provision of classroom space for theory session)
- responsible for the distribution and allocation of equipment and resources to all school involved
- responsible for monitoring and evaluation data collection of each school in your hub to report progress on behalf of all schools involved
- Aspirational – host a festival for participating schools
- Aspirational – foster school to community club connections

The expectations for organisers are as follows:

- Local face to face training course to take place between January and March 2025.

- Engaging and delivering a minimum of 300 pupils across 10 schools and reported through termly data collection from June 2025 – July 2025
- Provide monitoring and evaluation feedback on teachers trained and pupils engaged/participating
- Provide information on 1 schools impact/story using simple 2 page template for storytelling – provided by YST.

Year 2 – (subject to confirmation of funding by MLB in January 2026)

As above with the addition of the following elements for year 2:

- Engage minimum of 8-10 (no. max) schools involved in previous years. We would anticipate that this is c.75% retention depending on no. of schools engaged in year 1.
- Engage new/additional schools (optional)
- Promote virtual training for new/additional teachers and staff
- Promote cross curricular virtual training for teachers and staff
- Provide and deliver a festival opportunity
- Foster school-to-community club connections
- Facilitate monitoring and evaluation data collection of each school in your hub (new and retained).
- London schools: Promote access to MLB London Series linked events where applicable
- Aspirational: Host and deliver a championship opportunity

What support will successful schools receive from Youth Sport Trust?

Year 1 – subject to funding confirmation in January 2025:

- The hub lead will receive £800 capacity funding along with equipment and teacher resources to support curricular, club and festival/competition opportunities.
- 10 schools will have access to a 3 hour introduction/familiarisation training session that will be delivered physically by YST learning academy tutor. Any member of staff could attend who has an interest in the programme, although we would suggest a teacher who would be responsible for delivering in PE/Extra-curricular club activities.
- Programme Manager Support from the YST Development Manager with responsibility for the Major League Baseball First Pitch programme.

Year 2 – subject to funding confirmation in January 2026:

- The hub lead will received £250 capacity funding along with equipment/resources for any new schools.
- 10 retained schools from year 1 will have access to a 2 hours cross curricular virtual training session. This will be delivered virtually by YST learning academy tutor.
- Any new schools, or schools with new/replacement staff would have access to a 2 hour introductory/familiarisation CPD training session that will be delivered virtually by YST learning academy tutor.

What are successful schools expected to report on?

Online reporting tool:

- Hubs will be required to facilitate monitoring and evaluation data collection of each school in your hub (new and retained schools in year 2).
- Individual schools engaging/benefitting from the programme will be required to report on the reach and impact of the programme through the YST programme reporting tool – ending July 2025

This will include but not limited to the information relating to:

- Number of participants
- Number of workforce trained
- Programme delivery, benefits and community connections.

Completion of course register:

Hubs will be required to report on the number of delegates/schools who were in attendance of the course provided. Submission of registers is due within 7 working days of the course taking place.

In addition to the above data hubs will be required to:

- Account and report for all equipment and resource packs delivered to each school. Any equipment packs received but not allocated to a school in year 1 **must be returned**. Note only 1 set of equipment is permitted/allocated per school NOT per delegate on a training course. The hub does not receive equipment unless they are a primary school and have young people participating and staff attending training.

- Share date of festival

Evaluation

Wherever possible, we endeavour to conduct evaluations of all our work to capture feedback on the programme and any benefits experienced. This typically involves engaging all or a sample of individuals involved in the programme in a variety of ways, such as:

- Surveys before and after the project or course
- Interviews
- Focus groups
- Observations
- Case studies

You may either be involved in the research directly or may be required to facilitate the engagement of young people in the research.

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