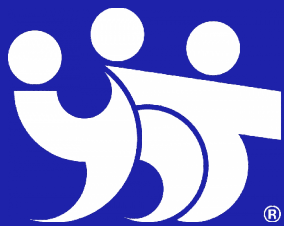


January 2023



**YOUTH  
SPORT  
TRUST**

# Key facts about...

## cost of living crisis



For more facts, please visit [here](#) to access the Youth Sport Trust's Knowledge Bank.

**73% of young people (7-15 year olds) are worried about their family having less money for things they need (Survation, 2022).**

Click [here](#) for the full report.

**85% of parents and carers are concerned about the impact of the cost-of-living increases on their family (The Children's Society, 2022).**

Click [here](#) for the full report.

**One in five parents have struggled to provide sufficient food due to the cost-of-living crisis (Barnardos, 2022).**

Click [here](#) for the full report.

**61% of projects started to provide children and young people with basic essentials (food, clothing, toiletries etc.) as a result of the cost of living crisis (BBC Children in Need, 2022).**

Click [here](#) for the full report.

**The cost of living was the major worry for over half (56%) of young people. They reported disruption to daily life, particularly their diet and sleep (Young Minds, 2022).**

Click [here](#) for the full report.

**Secondary schools are facing extra costs of up to £500,000 in 2022. This equates to the cost of employing around 10 teachers (ASCL, 2022).**

Click [here](#) for the full report.

**Over 50% of school trusts could be in deficit by 2024/25, and average reserves could fall to 1-1.5% (CST, 2022).**

Click [here](#) for the full report.

**7% grassroots football clubs have folded (Utilita Energy, 2022).**

Click [here](#) for the full report.

**27% of parents and carers struggled with the cost of PE or sports kit over the last year – this equates to around 450,000 more children than are in receipt of Free School Meals (The Children's Society, 2022).**

Click [here](#) for the full report.

**64% of UK families believe local swimming pools, community sports and leisure centres need more support from the government (Better, 2022).**

Click [here](#) for the full report.